

**EMBRACING CHILDREN & FAMILIES** 

# **OUR MISSION:**

Sheltering, Educating, Empowering Children, Individuals and Families

### BRIEF HISTORY

Crittenton Center, a private non-profit 501(c)(3) organization, has advocated for children and their families in Siouxland for over one hundred and twenty five years. Formerly the Florence Crittenton Home, the agency was originally organized as a Babies Home Society in 1895, providing maternity care and adoption services.

Today's Crittenton Center programs are multi-disciplinary, child and family oriented, and designed to provide education and support to children, families, and individuals.





#### SUPERVISED APARTMENT LIVING (SAL)

A foster care program for young adults aged 16½ to 21, offering the option to live in a dorm-like setting, a tiny home on the Crittenton Campus, or independently in their own apartment with provided support. While in the program, youth learn independent living skills such as budgeting, employment skills, and other valuable life skills needed to live successfully on their own. They receive a monthly stipend while in SAL and are encouraged to gain part-time employment while completing their high school education. School completion is one of the goals of the program to assist in gaining skills to achieve self-sufficiency.

These youth must be referred by Iowa Health and Human Services (HHS) or Iowa Juvenile Court Services (JCS) and must be capable of living independently.



#### TRANSITIONAL THERAPEUTIC HOME

Serves as an emergency home for children aged 1 day- 18 years who are in need of immediate placement because they can no longer remain in their home. Along with shelter, children receive crisis intervention services, family visitation, aftercare case coordination, medical care, on-site education, and mental health and substance use services. The shelter serves children from lowa.

Children may be brought in by the police or referred by Iowa Health and Human Services (HHS)/Iowa Juvenile Court Services (JCS). The families of these children may also receive crisis intervention services.



### What is SOP?

The Street Outreach Program (SOP) aims to assist young individuals in focuses on creating meaningful relationships between Street Outreach homelessness. Through this program, Crittenton Center strives to secure stable housing for youth, reconnect them with supportive adults, and provide access to essential community resources and services.

# Target Population

Runaway, homeless, street youth and young adults currently located in the been subjected to, or are at risk of, sexual abuse, sexual exploitation, sex and/or labor trafficking, substance use and other coinciding mental & behavioral health disorders.

### **SOP Services**

- Street-based education and outreach
- Individual Assessments
- Intensive Case Management
- Gateway Services/Overdose Prevention/Survival Aid
- Referrals to community resources and services
- Transportation
- · Emergency Shelter Services (if applicable)
- · SUD and Mental Health Treatment (if applicable)
- Partner Opioid Treatment
- Services focused on Human Trafficking

# **Evidence-Based Interventions:**

# Cognitive and Behavioral **Therapies**

- Cognitive Behavioral Therapy (CBT)
- Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
- Mindfulness-Based Cognitive Therapy (MBCT)
- Dialectical Behavior Therapy (DBT)

# Motivational and Brief **Interventions**

- The Brief Interventions and

# Crisis Intervention and Mental Health Support

- Mental Health First Aid for
- SOAR (Stop, Observe, Act,



600 4th Street, Suite 100, Sioux City, IA 51101







712-252-8262 asanders@crittentoncenter.org

www.crittentoncenter.org