



EMBRACING CHILDREN & FAMILIES

## OUR MISSION:

Sheltering, Educating,  
Empowering Children,  
Individuals and Families

### BRIEF HISTORY

Crittenton Center, a private non-profit 501(c)(3) organization, has advocated for children and their families in Siouxland for over one hundred and twenty five years. Formerly the Florence Crittenton Home, the agency was originally organized as a Babies Home Society in 1895, providing maternity care and adoption services.

Today's Crittenton Center programs are multi-disciplinary, child and family oriented, and designed to provide education and support to children, families, and individuals.



### SUPERVISED APARTMENT LIVING

A foster care program in which young adults aged 16 ½ -21 live first in a cluster site and then independently in either a tiny home on Crittenton Campus or out in their own apartment in the community. While in the program, youth learn independent living skills such as budgeting, employment skills, and other valuable life skills needed to live successfully on their own. They receive a monthly stipend while in SAL and are encouraged to gain part-time employment while completing their high school education. School completion is one of the goals of the program, while receiving supportive services, to assist in gaining skills to achieve self-sufficiency.

The target population for Supervised Apartment Living is youth aged 16.5 – 21, who are in need of independent living foster care. Those youth must be referred by HHS/JCS and must be capable of living independently.



### TRANSITIONAL THERAPEUTIC HOME

Provides emergency placement for infants through teenagers along with crisis intervention services, family visitation, aftercare case coordination, medical care, on-site education, and supportive services. The shelter serves children from Iowa.

The target population for Crittenton Center's Transitional Therapeutic Home is any child aged 1 day – age 18, who is in need of emergency placement because they can no longer remain in their home. These children may be brought in by the police or referred by HHS/JCS. The families of these children may also receive crisis intervention services.



## WHAT IS RPG?

The purpose of the RPG Project is to offer enhanced Trauma-Informed Care services to youth at the Transitional Therapeutic Home (TTH), youth emergency shelter.

The project is designed to include the implementation of evidence-based interventions, mental health and substance use counseling, therapeutic supervised visits, and assistance with referrals for follow-up care.

Simply put, RPG is designed to provide better care for kids.



## TARGET POPULATION

The target population group is children, birth up to age 18, who are in out-of-home placement as a result of parental or caregiver substance use and other behavioral health conditions.

The children served by the project are residents of the Transitional Therapeutic Home (TTH), operated by Crittenton Center, located in Sioux City, IA.



## RPG SERVICES

Intensive Case Management using a One Caseworker-Model, Therapeutic Adolescent Care Team (TACT), and Screening and Assessment using Standardized Tools:

- *Child Behavior Checklist (CBCL)*
- *Adult Adolescent Parenting Inventory-2 (AAPI-2)*
- *Center for Epidemiologic Studies Depression Scale (CES-D)*
- *Addiction Severity Index, Self-Report Form (ASI-SR)*
- *Trauma Symptoms Checklist-40*
- *Casey Life Skills Assessment*
- *Child Welfare Emergency Services Screening Tool (CWES)*

## EVIDENCE-BASED INTERVENTIONS

### Attachment, Self-Regulation, and Competency (ARC)

Flexible, components-based client intervention and system framework developed for children and adolescents.

### Therapeutic Supervised Visitation (TSV)

TSV provides structured, interactive guidance on the adult-child interaction through the lens of a Masters Level Clinician who may make recommendations for further services.

### Teaching Families Model (TFM)

A practice of care that prioritizes therapeutic relationships with caregivers as the primary conduit of effective treatment in supportive family-style settings.

### Programs Rooted in Cognitive Behavioral Therapy (CBT)

Modalities include: Trauma-Focused CBT (Complex Trauma), Mindfulness-Based CT, Substance Use Disorder Counseling (SUD)